



ROOM 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	6:00-6:45 AM Combat Conditioning	5:00-5:45 AM Combat Conditioning	6:00-6:45 AM Combat Conditioning	5:00-5:45 AM Combat Conditioning	9:00-9:45 AM Kickboxing	8:00-8:45 AM Kickboxing	
	8:00-8:45 AM Kickboxing	6:00-6:45 AM Combat Conditioning	8:00-8:45 AM Kickboxing	6:00-6:45 AM Combat Conditioning	12:10-12:50 PM Kickboxing	8:45-9:30 AM Kickboxing	10:15-11:00 AM Kickboxing
	9:00-9:45 AM Kickboxing	8:00-8:45 AM Intro Kickboxing	9:00-9:45 AM Kickboxing	8:00-8:45 AM Intro Kickboxing		11:15 -12:00 PM Intro Kickboxing	11:15 -12:00 PM Intro Kickboxing
	12:10-12:50 PM Kickboxing	9:00-9:45 AM Kickboxing	12:10-12:50 PM Kickboxing	9:00-9:45 AM Kickboxing		12:10-12:50 PM Kickboxing	12:10-12:50 PM Kickboxing
		12:10-12:50 PM Kickboxing		12:10-12:50 PM Kickboxing			
		3:45-4:30 PM Intro Kickboxing		3:45-4:30 PM Intro Kickboxing			
	4:30-5:15 PM Kickboxing	4:30-5:15 PM Kickboxing	4:30-5:15 PM Kickboxing	4:30-5:15 PM Kickboxing	4:45-5:30 PM Kickboxing		
	5:15-6:00 PM Intro Kickboxing	5:15-6:00 PM Kickboxing	5:15-6:00 PM Intro Kickboxing	5:15-6:00 PM Kickboxing	5:30-6:15 PM Intro Kickboxing		
	6:00-6:45 PM Kickboxing	6:00-6:45 PM Intro Kickboxing	6:00-6:45 PM Kickboxing	6:00-6:45 PM Intro Kickboxing	6:15-7:00 PM Kickboxing		
	6:45-7:30 PM Kickboxing	6:45-7:30 PM Kickboxing	6:45-7:30 PM Kickboxing	6:45-7:30 PM Kickboxing			
	7:30-8:15 PM Intro Kickboxing		7:30-8:15 PM Intro Kickboxing				
	8:15-9:00 PM Kickboxing		8:15-9:00 PM Kickboxing				

Combat Conditioning Schedule