

Gym Hours:  
 Monday - Thursday  
 5:00 AM - 10:00 PM  
 Friday 9:00 AM - 8:00 PM  
 Sat. 8:00 AM - 4:00 PM  
 Sun. 10:00 AM - 2:00 PM



OC Kickboxing & Mixed Martial Arts  
 18241 McDermott Ave. Suite B  
 Irvine, CA 92614  
 949.833.8338  
[www.ockickboxing.com](http://www.ockickboxing.com)

ROOM 1

ROOM 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRI	SATURDAY	SUN
ROOM 1	3:45-4:30 PM Jiu Jitsu Kids	4:00-4:45 PM Jiu Jitsu Kids	3:45-4:30 PM Jiu Jitsu Kids	4:00-4:45 PM Jiu Jitsu Kids		9:00-9:45 PM Jiu Jitsu Kids	
	4:30-5:15 AM MMA Kids SWAT	4:45-5:30 AM MMA Kids SWAT	4:30-5:15 AM MMA Kids SWAT	4:45-5:30 AM MMA Kids SWAT		9:45-10:30 AM MMA Kids SWAT	
	5:15-6:00 PM MMA Kids	5:30-6:00 PM MMA Kids Elite	5:15-6:00 PM MMA Kids	5:30-6:00 PM MMA Kids Elite		10:30-11:00 AM MMA PeeWees SWAT	
ROOM 3		4:15-4:45 PM MMA PeeWees		4:15-4:45 PM MMA PeeWees			
	4:00-4:30 PM MMA PeeWees SWAT	4:45-5:15 AM MMA PeeWees SWAT	4:00-4:30 PM MMA PeeWees SWAT	4:45-5:15 AM MMA PeeWees SWAT			
		5:15-6:00 PM MMA Kids		5:15-6:00 PM MMA Kids			

Kids Martial Arts Schedule